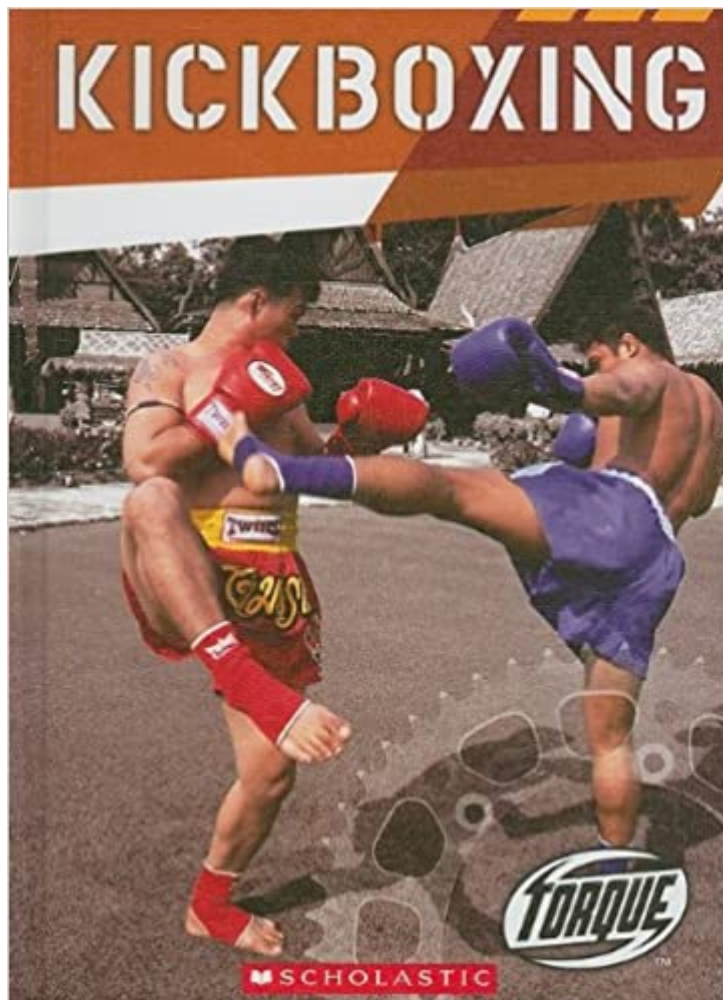


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# Kickboxing (Torque: Action Sports)



## Synopsis

Some people kickbox for exercise, while others kickbox against opponents to win competitions. It takes great skill and discipline to become an elite kickboxer. Students will learn about the basics of kickboxing, the equipment required to participate, and the training required to fight in the ring. --This text refers to an alternate Library Binding edition.

## Book Information

Lexile Measure: 730L (What's this?)

Series: Torque: Action Sports

Library Binding: 24 pages

Publisher: Children's Press(CT) (March 1, 2008)

Language: English

ISBN-10: 0531139336

ISBN-13: 978-0531139332

Product Dimensions: 9.1 x 6.6 x 0.4 inches

Shipping Weight: 6.4 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #16,358,195 in Books (See Top 100 in Books) #67 in [Books > Teens > Sports & Outdoors > Martial Arts](#) #1145 in [Books > Children's Books > Sports & Outdoors > Martial Arts](#)

Age Range: 12 and up

Grade Level: 7 and up

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